

# MEDIA KIT – *Kiss-A-Dilla!*

**Sarah Diaz-Bastin**

**Author & Illustrator**

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## About the Book

**Title:** *Kiss-A-Dilla!*

**Author/Illustrator:** Sarah Diaz-Bastin

**Format:** 10x10 Hardcover

**ISBN:**

978-1-971063-01-0

**Retail Price:** \$25

**Audience:** Ages 3–6, preschool and early elementary

**Availability:**

**Themes:** Emotional regulation, patience, independence, sibling dynamics, family connection

*Kiss-A-Dilla!* is a lyrical Spanglish picture book about a big kid learning to navigate impatience and growing independence, who may or may not be ready to give up on the magic of mama's kisses. Through a relatable quesadilla-fuelled meltdown, the story explores big feelings, helping behavior, and parenting with humor and grace.

## Educational & SEL Connections

*Kiss-A-Dilla!* supports:

- Emotional identification
- Patience and delayed gratification
- Caregiver-child attachment
- Nurturing helping behavior
- Natural centering of Spanish/English and multicultural identity

## Book Description

Waiting for a favorite quesadilla while busy Mamá tends to the babies feels impossible, and big feelings erupt. With warmth, humor, and love, Kiss-a-Dilla! follows an older sibling's realization that independence doesn't mean giving up comfort or connection. As Mamá guides, reassures, and offers playful kisses along the way, young readers see that learning to wait, help, and regulate emotions are all a part of growing up.

## About the Author

Sarah Diaz-Bastin is a Santa Cruz County mother, small business owner, and children's book author and illustrator. Her storytelling centers on family connection, emotional growth, and culturally-rooted everyday moments.

## Event Offerings

Sarah is available for:

- Library storytimes
- Preschool and elementary school readings
- Bookstore events and signings
- Community festivals and maker markets
- Parent-focused talks on emotional resilience and storytelling

Interactive read-alouds include discussion and optional themed activities.